



www.profem.co.uk

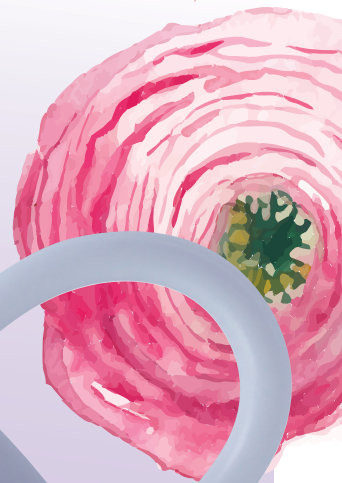
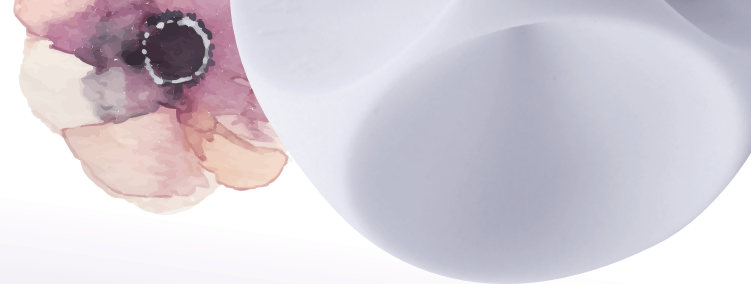


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Silicone Vaginal Pessaries





Explanations



Prolapse 1st or 2nd degree



Prolapse 2nd or 3rd degree



Cystocele



Rectocele



Stress incontinence



Application by physician



Application by patient



I can't believe the difference it has made – the pessary is comfortable and has lifted up the prolapse, I don't have pressure, I feel liberated.

The use of vaginal pessaries within conservative therapy is a proven method of supporting the pelvic floor when treating prolapse complaints and incontinence issues. It has been successfully used for many years and is becoming a popular treatment option.

Pessaries are a cost effective, simple and reversible treatment for prolapse and stress incontinence. Pessaries provide an alternative to costly surgery and the potential for associated complications. The Profem Pessary range is made from Hypo-allergenic Medical grade silicone.

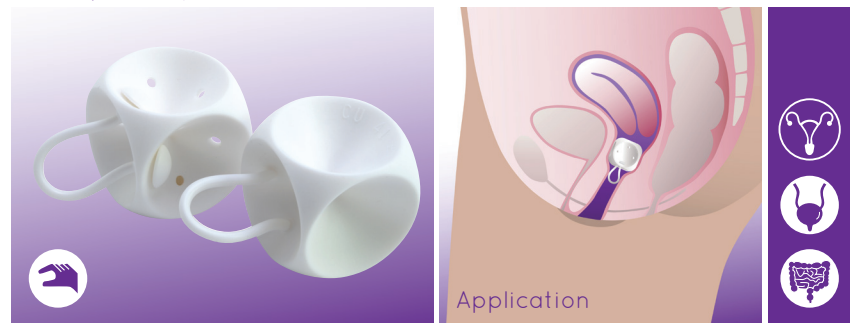
ProFem pessaries are available in a wide range of types and sizes and cater for nearly all indications in relation to pelvic floor disorders and incontinence.

Pessary therapy is a well accepted, **cost-efficient and effective treatment** for many pelvic floor disorders.

You can find an overview of the ProFem® pessaries and further information about the usage of pessaries on the following pages.



Cube pessary



No Drains

With Drains

mm	Order code	Order code
25	CU25#0	CU25D#0
29	CU29#1	CU29D#1
33	CU33#2	CU33D#2
37	CU37#3	CU37D#3
41	CU41#4	CU41D#4
45	CU45#5	CU45D#5
50	CU50#6	CU50D#6
56	CU56#7	CU56D#7
63	CU63#8	CU63D#8

The Cube Pessary may be used to relieve the symptoms of a cystocele, or rectocele as well as a second or third-degree uterine prolapse.

Due to its construction the cube pessary creates suction against the vaginal wall.

The ProFem® Cube pessaries are available with or without drains.

The cube pessary without drains provides a stronger suction to the vaginal wall. The unique positioning of the loop facilitates removal.

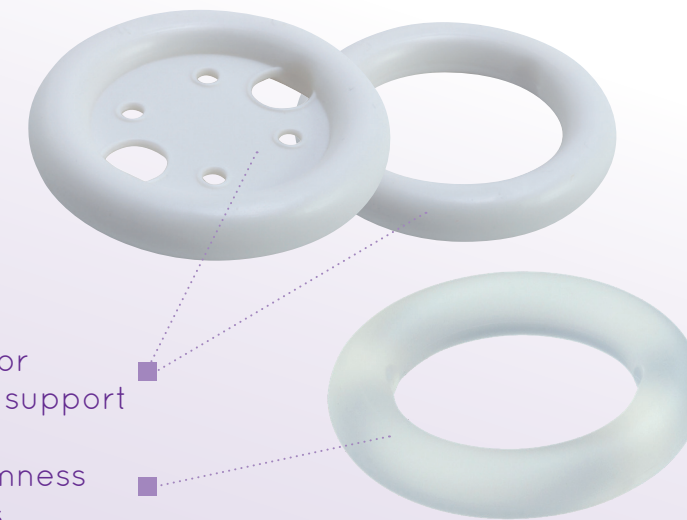
The Ring ProFem® ring pessaries are available in two firmness degrees. The ProFem® Ring pessaries are available as Standard or Firm. The Standard ring pessary is suitable for patients to insert themselves.

Unique features of ProFem pessaries



With or without perforation

Robust silicone loop



With or without support

Two firmness degrees

With the **ProFem® pessaries** Sayco offers an unique range of pessary types and sizes that allow for **a largely individual adaptation and care.**



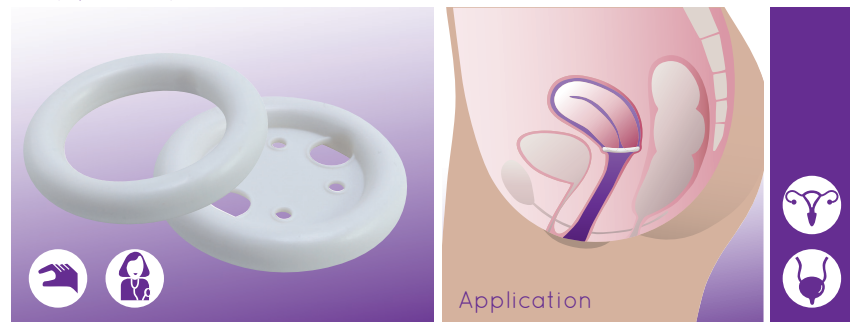
For further information please visit: www.profem.co.uk





Ring pessary

Ring pessary

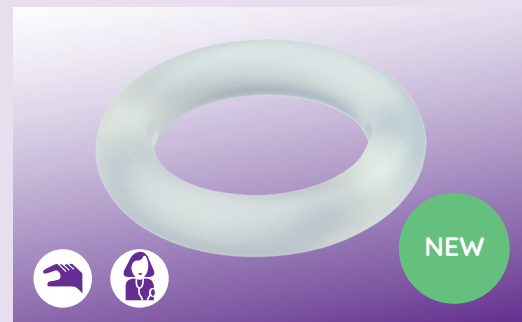


Without Support With Support

mm	Order code	Order code
45	R1.75#0	R1.75S#0
51	R2.00#1	R2.00S#1
57	R2.25#2	R2.25S#2
64	R2.50#3	R2.50S#3
70	R2.75#4	R2.75S#4
76	R3.00#5	R3.00S#5
83	R3.25#6	R3.25S#6
89	R3.50#7	R3.50S#7
95	R3.75#8	R3.75S#8
102	R4.00#9	R4.00S#9

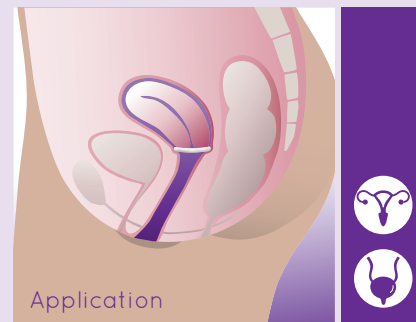
The Ring pessary, available with or without a supporting membrane, is primarily used for a mild first-degree uterine prolapse or a cystocele.

Firm Ring



Firm

mm	Order code
45	FR45#0
51	FR51#1
57	FR57#2
63	FR64#3
70	FR70#4
76	FR76#5
83	FR83#6
89	FR89#7
95	FR95#8
102	FR102#9

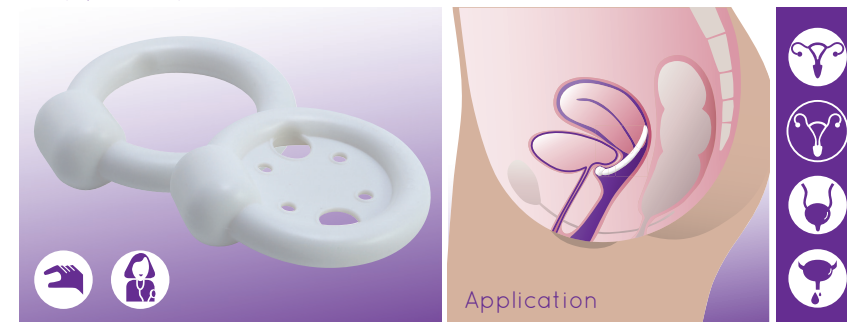


The new ring pessary in a firmer version is suitable for users who are looking for stronger support.

It has the same range of indications as the ring with and without support.

Ring pessary

Ring pessary with knob



Without Support With Support

mm	Order code	Order code
45	RK1.75#0	RK1.75S#0
51	RK2.00#1	RK2.00S#1
58	RK2.25#2	RK2.25S#2
64	RK2.50#3	RK2.50S#3
70	RK2.75#4	RK2.75S#4
76	RK3.00#5	RK3.00S#5
83	RK3.25#6	RK3.25S#6
89	RK3.50#7	RK3.50S#7

The Ring pessary with knob, available with or without a supporting membrane, has the same indications as the ring and may also relieve stress incontinence.



For further information please visit:
www.profem.co.uk





Cup / Dish pessary

Cup pessary



Without Support With Support

mm	Order code	Order code
50	CP50/18#0	CP50/18S#0
55	CP55/23#1	CP55/23S#1
60	CP60/28#2	CP60/26S#2
65	CP65/33#3	CP65/33S#3
70	CP70/38#4	CP70/38S#4
75	CP75/43#5	CP75/43S#5
80	CP80/48#6	CP80/48S#6
85	CP85/52#7	CP85/52S#7

The Cup pessary, available with or without a supporting membrane, is used for a first or a mild second-degree uterine prolapse.

Dish pessary



Without Support With Support

mm	Order code	Order code
50	DSH50#0	DSH50S#0
55	DSH55#1	DSH55S#1
60	DSH60#2	DSH60S#2
65	DSH65#3	DSH65S#3
70	DSH70#4	DSH70S#4
75	DSH75#5	DSH75S#5
80	DSH80#6	DSH80S#6
85	DSH85#7	DSH85S#7

The Dish pessary, available with or without a supporting membrane, is used to relieve the stress of a second or third-degree uterine prolapse, a cystocele, or rectocele. This pessary may also relieve stress incontinence.

Incontinence Dish

iDish/Incontinence Dish



With Support

mm	Order code
55	iDSHk55S#0
60	iDSHk60S#1
65	iDSHk65S#2
70	iDSHk70S#3
75	iDSHk75S#4
80	iDSHk80S#5

The Incontinence Dish with support is used for the relief of stress incontinence alone or in combination with prolapse symptoms. The enlarged knob offers the urethra more support than a standard Dish pessary.



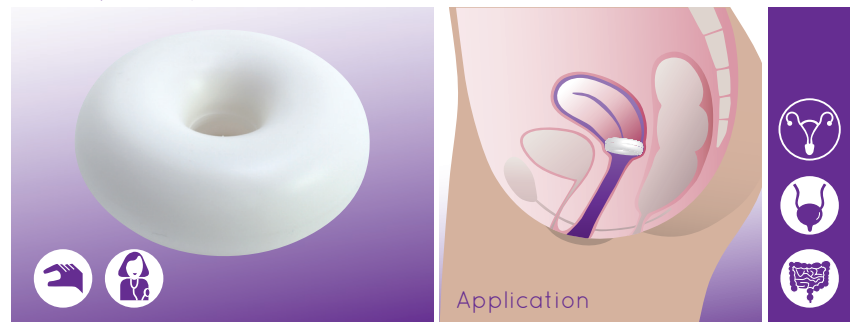
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Donut / Shaatz pessary

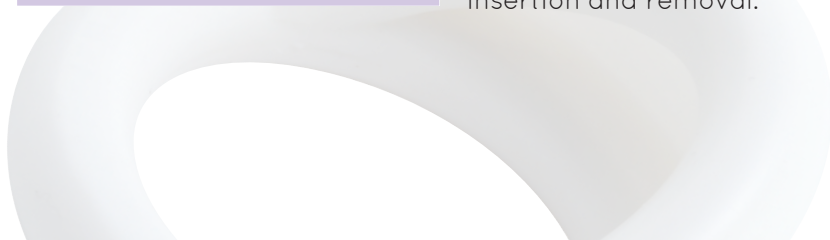
Donut pessary



mm	Order code
51	D2.00#0
57	D2.25#1
64	D2.50#2
70	D2.75#3
76	D3.00#4
83	D3.25#5
89	D3.50#6

The Donut pessary may be used to relieve the stress of a second or third-degree uterine prolapse, a cystocele, or rectocele.

This pessary, often used by post-menopausal women, is easily compressed for insertion and removal.



Shaatz pessary



mm	Order code
38	SH1.50#0
45	SH1.75#1
51	SH2.00#2
57	SH2.25#3
64	SH2.50#4
70	SH2.75#5
76	SH3.00#6
83	SH3.25#7
89	SH3.50#8

The Shaatz pessary may relieve the symptoms of a cystocele as well as a second or third-degree uterine prolapse. Its convex shape ensures a snug fit while the drainage hole permits easy removal.



For further information please visit:
www.profem.co.uk



Gellhorn pessary

Gellhorn pessary



Long Stem

mm	Order code
38	G1.50D#0
45	G1.75D#1
51	G2.00D#2
57	G2.25D#3
64	G2.50D#4
70	G2.75D#5
76	G3.00D#6
82	G3.25D#7
89	G3.50D#8
95	G3.75D#9

Short Stem

Order code
GS1.50#0
GS1.75#1
GS2.00#2
GS2.25#3
GS2.50#4
GS2.75#5
GS3.00#6
GS3.25#7
GS3.50#8
GS3.75#9

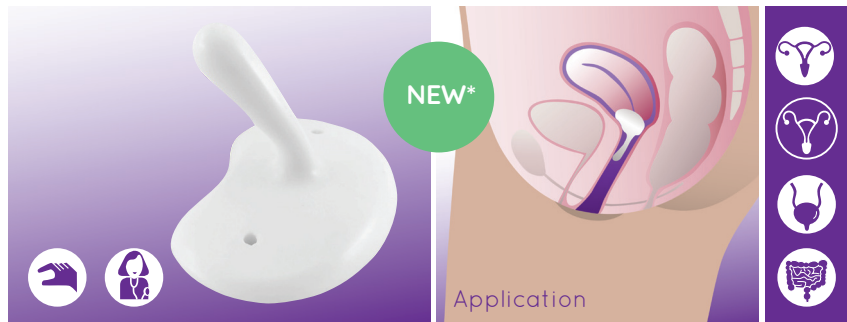
The Gellhorn pessary with drains is used to relieve the symptoms of a cystocele or rectocele as well as a second or third-degree uterine prolapse.

This pessary's knob is available in two different lengths. The stem is easily folded to facilitate insertion and removal.



FlexiShelf

FlexiShelf Pessary



mm	Order code
57	FS06
64	FS08
70	FS10
76	FS12
83	FS14
89	FS16

The Flexi-Shelf is used to relieve the symptoms of a cystocele as well as a second or third-degree uterine prolapse. This pessary's anatomical shape makes it easier to remove and the concave shape of the base supports the prolapse. The tapered rigid stem makes it easier to grip and twist the device for removal.

*from spring 2025



Further information:
<https://restifem.com/en/>



restifem[®]
back to balance



restifem is a new type of vaginal support pessary which was developed especially for women after giving birth. The pessary supports and relieves the pelvic floor muscles as well as the pelvic floor connective tissue, which has been widely neglected up to now. This support promotes recovery. During pregnancy and vaginal birth,

the pelvic floor connective tissue is highly overstretched and sometimes even ruptured and, in its fixation areas, torn. An incomplete recovery after a birth can lead immediately or years later to stress urinary incontinence and symptomatic vaginal descensus and prolapse. According to literature, about 50% of women who have given birth suffer from descensus (e.g. prolapse of the vagina or uterus) in the course of their lives. Symptoms, such as stress urinary incontinence or descensus, can be alleviated by wearing restifem.

restifem has both preventive and therapeutic functions.



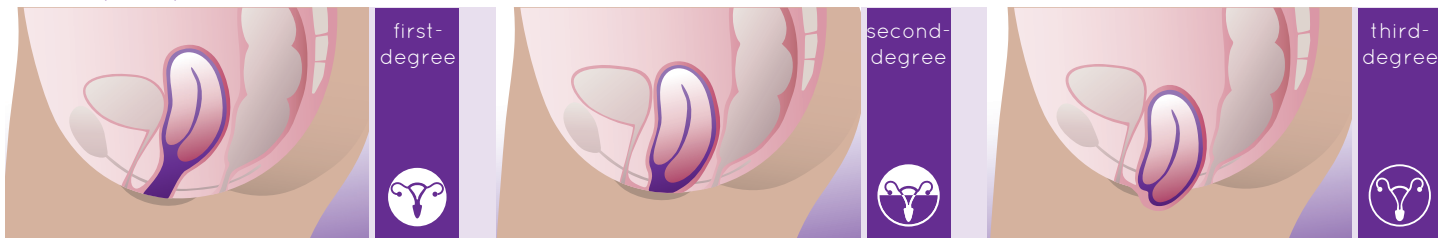
restifem wants to support you in regaining your female wellbeing after giving birth. It aims to reduce the risk that women who choose natural childbirth will have to cope with functional limitations of the pelvic floor throughout their lives.





Indications

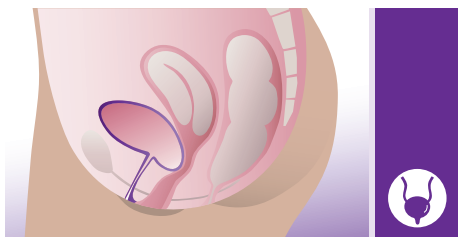
Uterus prolapse



The uterus is supported by the 'hammock-like' combination of pelvic floor muscles, tissue and ligaments.

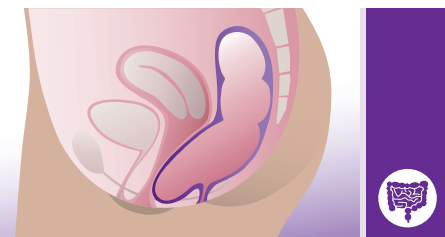
When these structures are too weak the uterus slips downwards from its natural anatomical position into the vaginal cavity. In severe cases in some women it may be visible outside the vagina.

Cystocele



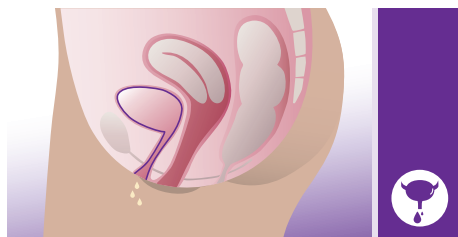
A cystocele occurs when the bladder pushes into the vagina. Depending on the grade of prolapse this can be from a grade one where the bladder bulges into the vaginal wall to the most severe where the bulge appears through the entrance of the vagina.

Rectocele



A rectocele is a bulge in the front wall of the rectum into the rear wall of the vagina. If the rectal wall becomes thinned, the weakening of the wall often causes a bulge which can obstruct bowel movement.

Stress incontinence



Stress incontinence is a form of urinary incontinence. It is due to insufficient strength of the closure of the bladder and can occur when pressure on the bladder is increased because of coughing, sneezing, laughing, exercise etc.

Type and reference



Type	Order code
Ring pessary	FS-Ring
Ring pessary with support	FS-RingWSupp
Cube pessary	FS-Cube
Dish pessary	FS-Dish
Incontinence Dish	FS-iDish
Gellhorn pessary	FS-Gellhorn
Gellhorn pessary short	FS GellhornShort
Ring with knob	FS-Knob
Shatz pessary	FS-Shatz
Cup pessary	FS-Cup



Fitting sets for vaginal pessaries

Fitting a pessary is usually performed by trying out different sizes.

The fitting set is a valuable aid in choosing the right size. The sets contain the available sizes and are available for different pessary types.

The vaginal pessaries made of high-quality silicone are designed for at least 150 cleaning or sterilisation cycles. The pessaries can be prepared for reuse with an enzymatic cleaner or in an autoclave.

For further information please visit:
www.profem.co.uk

